

# DEJEUNER

## Lundi 17 Novembre 2025

|                                      | Gluten | Crustacés | Oeufs | Poissons | Arachides | Soja | Lait | Fruits à coques | Céleri | Moutarde | Sésame | Sulfites | Lupin | Mollusques |
|--------------------------------------|--------|-----------|-------|----------|-----------|------|------|-----------------|--------|----------|--------|----------|-------|------------|
| Carottes râpées Bio vinaigrette      |        |           |       |          |           |      |      |                 |        | X        |        | X        |       |            |
| Sauté de boeuf région au jus         | X      |           |       |          |           |      | T    |                 | X      | T        | T      |          |       |            |
| Polenta BIO crémeuse                 |        |           |       |          |           |      | X    |                 |        |          |        |          |       |            |
| Comté AOP                            |        |           |       |          |           |      | X    |                 |        |          |        |          |       |            |
| Mélange de fruits au sirop BIO (ind) |        |           |       |          |           |      |      |                 |        |          |        |          |       |            |
| Baguette BIO                         | X      |           | T     |          |           | T    | T    | T               |        |          | T      |          |       |            |

## Mardi 18 Novembre 2025

|                            | Gluten | Crustacés | Oeufs | Poissons | Arachides | Soja | Lait | Fruits à coques | Céleri | Moutarde | Sésame | Sulfites | Lupin | Mollusques |
|----------------------------|--------|-----------|-------|----------|-----------|------|------|-----------------|--------|----------|--------|----------|-------|------------|
| Betteraves BIO vinaigrette |        |           |       |          |           |      |      |                 |        | X        |        | X        |       |            |
| Sauce carbonara            |        |           |       |          |           |      | X    |                 | T      | T        |        | X        |       |            |
| Sauce carbonara volaille   | X      |           |       |          |           |      | X    |                 | T      |          |        | X        |       |            |
| Mini serpentinis au beurre | X      |           | X     |          |           |      | X    |                 |        |          |        |          |       |            |
| Kiri Bio                   |        |           |       |          |           |      | X    |                 |        |          |        |          |       |            |
| Pomme BIO                  |        |           |       |          |           |      |      |                 |        |          |        |          |       |            |
| Baguette BIO               | X      |           | T     |          |           | T    | T    | T               |        |          | T      |          |       |            |

## Jeudi 20 Novembre 2025

|                                 | Gluten | Crustacés | Oeufs | Poissons | Arachides | Soja | Lait | Fruits à coques | Céleri | Moutarde | Sésame | Sulfites | Lupin | Mollusques |
|---------------------------------|--------|-----------|-------|----------|-----------|------|------|-----------------|--------|----------|--------|----------|-------|------------|
| Salade verte BIO                |        |           |       |          |           |      |      |                 |        | X        |        | X        |       |            |
| Quiche au fromage maison (plat) | X      | T         | X     | T        |           | T    | X    | T               | T      | T        | T      |          |       | T          |
| Haricots verts Bio persillés    |        |           |       |          |           |      | X    |                 |        |          |        |          |       |            |
| Mousse au chocolat au lait      |        |           | X     |          |           | X    | X    |                 |        |          |        |          |       |            |
| Baguette BIO                    | X      |           | T     |          |           | T    | T    | T               |        |          | T      |          |       |            |

Vendredi 21 Novembre 2025

|                                              | Gluten | Crustacés | Oeufs | Poissons | Arachides | Soja | Lait | Fruits à coques | Céleri | Moutarde | Sésame | Sulfites | Lupin | Mollusques |
|----------------------------------------------|--------|-----------|-------|----------|-----------|------|------|-----------------|--------|----------|--------|----------|-------|------------|
| Oeufs dur BIO mayonnaise                     |        |           | X     |          |           |      |      |                 |        | X        |        | X        |       |            |
| Filet de lieu noir MSC frais à la persillade |        |           |       | X        |           |      | X    |                 |        |          |        |          |       |            |
| Puree de patate douce fraiche BIO            |        |           |       |          |           |      | X    |                 |        |          |        |          |       |            |
| Seau de yaourt nature BIO et local           |        |           |       |          |           |      | X    |                 |        |          |        |          |       |            |
| Kiwi BIO (unité)                             |        |           |       |          |           |      |      |                 |        |          |        |          |       |            |
| Baguette Bio                                 | X      |           | T     |          |           | T    | T    | T               |        |          | T      |          |       |            |